

## Phase II trial of biweekly paclitaxel plus infusional 5-fluorouracil and leucovorin in patients with advanced or recurrent inoperable gastric cancer

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### Abstract

**Purpose** To investigate the efficacy and safety of combination chemotherapy with biweekly paclitaxel plus infusional 5-fluorouracil and leucovorin in the treatment of patients with advanced or metastatic gastric cancer.

**Patients and methods** Chemo-naïve patients with histologically confirmed advanced or recurrent inoperable gastric cancer were enrolled in the present study. Treatment consisted of paclitaxel (75 mg/m<sup>2</sup>) and leucovorin (40 mg/m<sup>2</sup>) as a 2-h intravenous infusion, followed by 5-fluorouracil (2,400 mg/m<sup>2</sup>) as a 46-h continuous infusion. Cycles were repeated every 2 weeks.

**Results** Thirty patients were enrolled in this study. There were 12 partial responses, giving an overall response rate of 40.0%. At a median follow-up of 10.6 months, the median time to progression and median overall survival were 3.9 and 8.8 months, respectively. The most common hematological toxicity was grade 1–2 anemia, which was seen in 83.3% of patients. No grade 4 leukopenia, thrombocytopenia, or anemia was noted. The most common non-hematological toxicity was anorexia, which was seen in 70% of patients, although grade 3 anorexia was noted in only 10% of cases. There was no severe treatment-related morbidity or death.

**Conclusion** Combination chemotherapy consisting of biweekly paclitaxel plus infusional 5-fluorouracil and leucovorin was effective and well tolerated in patients with advanced gastric cancers.

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**Keywords** Gastric cancer · Paclitaxel · 5-Fluorouracil ·  
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### Introduction

Despite a decreasing incidence in many developed countries, gastric cancer is the second leading cause of cancer death worldwide and is the most common malignant tumor in Korea [1–3]. The prognosis of this disease is generally poor with an overall 5-year survival rate of approximately 20% in most countries. The median survival time in patients with advanced or metastatic disease receiving the best supportive care is only 3–5 months [1, 4]. In the past several decades, various chemotherapy regimens have been introduced, and have shown an objective response rate of approximately 20–60% in the treatment of advanced gastric cancer. However, median overall survival remains between

6 and 9 months, and significant treatment-related toxicities are usually inevitable [5, 6]. New treatments with a better therapeutic index are needed to improve the clinical outcome of this disease.

Infusional high-dose 5-fluorouracil (5-FU) has been shown to be an effective and well-tolerated treatment for patients with gastric cancer, and has provided a good base for combination chemotherapy regimens [7–10]. Paclitaxel, an antimetabolic agent that binds preferentially to microtubules, has demonstrated activity against gastric cancers *in vitro* [11, 12]. When administered alone, paclitaxel showed a 20–23% objective response rate in patients with advanced gastric cancer [13, 14]. In addition, paclitaxel acts synergistically with 5-fluorouracil in a sequence-dependent manner. Thus, paclitaxel followed by 5-fluorouracil was highly synergistic, while pre-exposure to 5-fluorouracil followed by paclitaxel resulted in marked antagonism [15, 16]. The non-overlapping toxicity profile of paclitaxel and infusional 5-fluorouracil, and the schedule-dependent synergism between these drugs against human gastric cancer cells [15, 16] suggest the potential value of investigation of such a combination in the treatment of patients with advanced gastric cancer. We conducted a phase II trial of combination chemotherapy with biweekly paclitaxel plus infusional 5-FU and leucovorin to determine the efficacy and toxicity of this regimen in this patient group.

## Patients and methods

### Eligibility

Patients with histologically confirmed advanced or recurrent inoperable gastric cancer were considered eligible for the study if they fulfilled all of the following criteria: at least one measurable lesion; age >18 and <75 years; Eastern Cooperative Oncology Group (ECOG) performance status  $\leq 2$ ; life expectancy  $\geq 3$  months; adequate bone marrow, hepatic, and renal function; no prior radiotherapy or palliative chemotherapy; no concurrent uncontrolled medical condition; no other malignancies (with the exception of basal or squamous cell carcinoma of the skin, treated by surgery); and written informed consent approved by the local Ethics Committees of participating centers. Previous adjuvant chemotherapy was allowed if more than 6 months had elapsed between the end of adjuvant therapy and first relapse. Patients who were pregnant or breast-feeding were excluded from the study.

### Treatment and toxicity assessment

Chemotherapy consisted of paclitaxel (Paxel™; Hanmi Pharm. Co., Ltd. Seoul, Korea) at 75 mg/m<sup>2</sup> and leucovorin

at 40 mg/m<sup>2</sup> as a 2-h intravenous infusion, followed by 5-fluorouracil at 2,400 mg/m<sup>2</sup> as a 46-h continuous infusion. Cycles were repeated every 2 weeks. Treatment was continued for up to 24 weeks unless the disease progressed, unacceptable toxicity developed, or the patient refused continued treatment. Toxicity was assessed before starting each 2-week cycle according to the National Cancer Institute Common Toxicity Criteria version 3.0. Treatment delay and dose modification were based on the worst adverse effects observed during the previous cycle.

### Assessment of response

Responses were classified according to World Health Organization (WHO) criteria. Complete response was defined as the disappearance of all known lesions and absence of new lesions; partial response as a reduction of 50% or more in the sum of the product of the two-dimensional measures of all known lesions and the absence of new lesions; stable disease as a reduction of <50% or an increase <25% in the sum of the product of the two-dimensional measures of all known lesions and the absence of new lesions; and progressive disease as an increase >25% in the two-dimensional measures of one or more known lesions or as the appearance of at least one new lesion. Computed tomography (CT) scans of measurable lesions were performed within 2 weeks prior to starting chemotherapy and were repeated every four cycles (8 weeks). Responses were confirmed by subsequent CT scans at 4–6 weeks after documentation of an initial response. Patients who discontinued participation in the study were evaluated at least every 2 months. Patients were considered assessable for response if they had early disease progression or had received at least four cycles of treatment with at least one tumor assessment. The primary end point of the study was the overall response rate; secondary end points were toxicity, time to progression, and overall survival. The time to progression was defined as the duration from the date of starting treatment to the date of confirmed disease progression or of death by any cause. Overall survival was defined as the duration from the date of starting treatment to the date of death.

### Statistical analyses

Simon's optimal two-stage design was used. The response rates of interest were  $P_0 = 30\%$  and  $P_1 = 50\%$ . If there were more than 4 responses in 13 patients in the first stage, the study would continue to a total of 30 patients in the second stage. If there were more than 11 responses in 30 patients in the second stage, this treatment regimen would be acceptable with  $\alpha$  of 0.10 and  $\beta$  of 0.10. The Kaplan–Meier method was used for all survival analyses.

## Results

### Patient characteristics

Between November 2004 and August 2006, 30 patients were enrolled into the study from 6 medical centers. The major clinicopathological characteristics of patients are summarized in Table 1. The median age of the patients was 62 years (range 42–71 years) including 23 men and 7 women, and the majority of patients (63.3%) had a performance status of 1 according to the ECOG scale. Metastatic disease was present in the majority of the study population (29 of 30 patients); liver (19 of 30 patients, 63.3%) and lymph nodes (16 of 30, 53.3%) were the most common sites of metastases.

### Efficacy

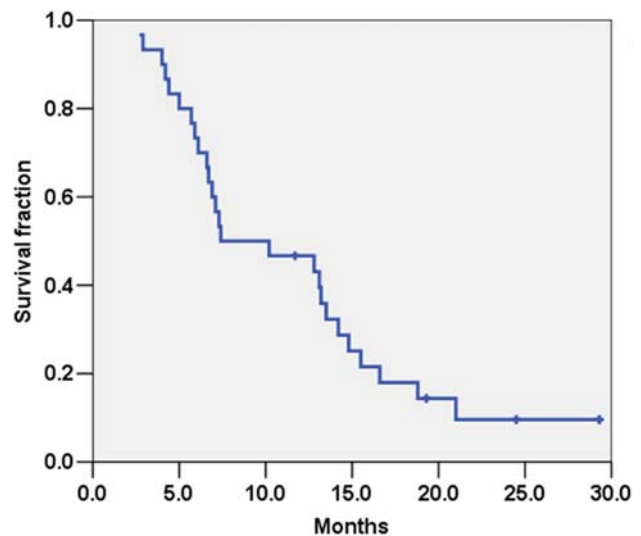
All 30 patients were evaluable for tumor responses. There were no cases of complete response. Twelve patients achieved a partial response, giving an overall response rate of 40% (95% confidence interval (CI), 24.6–57.7). Stable disease was obtained in ten patients (33.3%; 95% CI 19.2–51.2) and progressive disease was observed in

eight patients (26.7%; 95% CI 14.2–44.5). Therefore, the overall disease control rate was 73.3% (22 of 30 patients; 95% CI 55.6–85.8). Of 12 responses, 10 (83.3%) were observed after 4 cycles and 2 (16.7%) after eight cycles of chemotherapy. All patients were included in the survival analysis on an intent-to-treat basis. The median follow-up period was 10.6 months (range 2.7–29.3 months). At the time of analysis (31 July 2007) the median time to progression and overall survival were 3.9 months (range 1.0–8.8 months) and 8.8 months (range 2.7–29.3 months), respectively. The Kaplan–Meier estimated time to progression and overall survival curve are shown in Figs. 1 and 2, respectively.

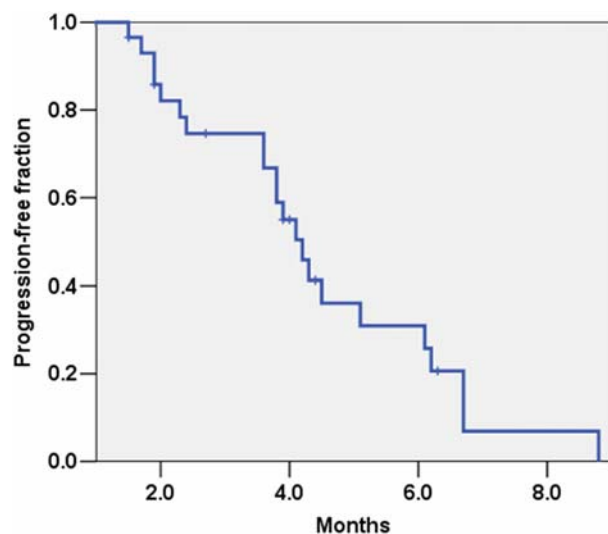
**Table 1** Clinicopathological features of the patients

Number of patients	30
Age (years), median (range)	62 (42–71)
Gender, <i>n</i> (%)	
Male	23 (76.7)
Female	7 (23.3)
ECOG performance status, <i>n</i> (%)	
0	4 (13.3)
1	19 (63.3)
2	7 (23.3)
Treatment for primary tumor, <i>n</i> (%)	
No prior therapy	22 (73.3)
Surgery only	3 (10.0)
Surgery and adjuvant chemotherapy	5 (16.7)
Disease status, <i>n</i> (%)	
Locally advanced	1 (3.3)
Metastatic	29 (96.7)
Disease sites, <i>n</i> (%)	
Liver	19 (63.3)
Peritoneum	4 (13.3)
Lymph nodes	16 (53.3)
Bone	2 (6.7)
Lung	1 (3.3)
Others	5 (16.7)

ECOG, Eastern Cooperative Oncology Group. Because of rounding, not all percentages total 100



**Fig. 1** Kaplan–Meier curve for overall survival of the all patients



**Fig. 2** Kaplan–Meier curve for time to progression of the all patients

## Toxicity

A total of 212 cycles were administered, with a median of 8 cycles per patient (range 1–12 cycles). The occurrence and the incidence of toxicities are shown in Table 2. No cases of grade 4 toxicity were observed. The most common toxicities were gastrointestinal. Grade 1 and 2 anorexia, nausea/vomiting, diarrhea, and stomatitis were reported in 60.0, 50, 33.3, and 6.7% of cases in the study population, respectively. Grade 3 anorexia, nausea/vomiting, and stomatitis were recorded in only 10.0, 10.0, and 3.3% of cases, respectively. Severe hematological toxicity was uncommon. Grade 3 anemia, leukopenia, and thrombocytopenia were noted in 6.7, 3.3, and 0% of patients, respectively. Mild to moderate alopecia was observed in 43.4% of cases (grade 1 in 26.7% and grade 2 in 16.7%). There were no febrile neutropenia or treatment-related deaths in this series.

## Discussion

The results of this study indicated that biweekly paclitaxel plus infusional 5-fluorouracil and leucovorin is an active combination chemotherapy regimen for patients with inoperable advanced or recurrent gastric cancer, providing excellent tolerability. The overall response rate of 40.0% (95% CI 24.6–57.7%) and median overall survival of 8.8 months (range 2.7–29.3 months) were within the ranges achieved by previously reported major protocols, such as 5-fluorouracil and cisplatin (FP) [17], 5-fluorouracil, leucovorin, and cisplatin (FLP) [18], 5-fluorouracil, doxorubicin, and mitomycin C (FAM) [17, 19, 20], 5-fluorouracil, doxorubicin, and methotrexate (FAMTX) [20], epirubicin,

cisplatin, and 5-fluorouracil (ECF) [21], etoposide, leucovorin, and 5-fluorouracil (ELF) [22], etoposide, doxorubicin, and cisplatin (EAP) [23], and oxaliplatin-based regimens [24, 25], in which the objective response rates and median overall survivals ranged from 25 to 64% and from 5.5 to 11 months, respectively [17–25].

Paclitaxel shows good activity against advanced gastric cancer using different administration schedules and various combination regimens with other chemotherapeutic agents [5, 6]. Single-agent paclitaxel regimens, using 3- and 24-h infusion, produced response rates of 8 and 20%, respectively, in the treatment of advanced gastric cancer [26]. In combination with 5-fluorouracil and/or platinum compounds, response rates ranging from 32 to 65.5% were reported in several trials conducted in different settings [27–34]; some delivered paclitaxel weekly, others every 3 weeks; some introduced cisplatin or carboplatin in combination with paclitaxel and 5-fluorouracil, or used oral fluoropyrimidine; some studied chemo-naïve patients and/or previously treated patients. Relatively high incidences (14–45%) of grade 3 or 4 neutropenia were significant adverse effects in these studies [27–30, 33, 34], which can result in treatment-related morbidity or mortality, thereby compromising the patients' quality of life and increasing medical costs.

Recently, Zhou et al. [35] and Feng et al. [36] reported that biweekly paclitaxel (75 and 90 mg/m<sup>2</sup>, respectively) with infusional 5-fluorouracil and leucovorin showed an encouraging response rate of about 65% and only mild toxicity. These results suggested a role for low-dose biweekly paclitaxel-based protocols in patients with advanced gastric cancer, although their studies were performed in small populations and/or within a single institution. In our multicenter prospective study, biweekly paclitaxel with infusional

**Table 2** Severity and incidence of toxicity

	Maximum toxicity grades observed for each patient during the study period using NCI-CTC version 3.0			
	1	2	3	4
Anorexia	11 (36.7%)	7 (23.3%)	3 (10.0%)	0
Nausea/vomiting	8 (26.7%)	7 (23.3%)	3 (10.0%)	0
Diarrhea	4 (13.3%)	6 (20.0%)	0	0
Stomatitis	2 (6.7%)	0	1 (3.3%)	0
Dizziness	1 (3.3%)	0	0	0
Alopecia	8 (26.7%)	5 (16.7%)	0	0
Skin rash	1 (3.3%)	0	0	0
Neuropathy	1 (3.3%)	0	0	0
Anemia	7 (23.3%)	18 (60.0%)	2 (6.7%)	0
Leukopenia	3 (10.0%)	4 (13.3%)	1 (3.3%)	0
Thrombocytopenia	1 (3.3%)	0	0	0
Infection	0	4 (13.3%)	0	0

NCI-CTC National Cancer Institute Common Toxicity Criteria

5-fluorouracil and leucovorin showed a modest response rate and median overall survival time comparable to those achieved by previously reported paclitaxel-based weekly or 3-weekly regimens [27–30]. In addition, with respect to adverse reactions, this biweekly paclitaxel-based approach showed a more favorable toxicity profile as compared with weekly or 3-weekly paclitaxel-based regimens [27–30, 33, 34]. There was no grade 4 toxicity or treatment-related death in this study. The most common adverse reaction was grade 3 gastrointestinal toxicity such as anorexia, nausea/vomiting, and stomatitis, which were reported in 10, 10, and 3.3% of patients, respectively. Grade 3 hematological toxicity was observed in 10% of the cases (anemia, 6.7%; leucopenia, 3.3%) with no severe treatment-related morbidity such as febrile neutropenia.

The benefit-to-risk ratio and the sequence of chemotherapy regimens might be very important issues in the treatment of advanced gastric cancer. Several chemotherapy regimens have been introduced; nevertheless, their survival advantage appears to be marginal and significant treatment-related toxicities are usually inevitable [37, 38]. In addition, there is no consensus on a strategy for the sequential use of chemotherapy for advanced gastric cancer, e.g., whether to use strong chemotherapy regimens for the first-line setting or save aggressive regimens for the second- or third-line setting. Although there is no rule, we favor the following individualized approach: for fit patients, it seems reasonable to use more aggressive regimens to obtain longer survival, whereas for unfit patients who are elderly or have poor performance status, it might be better to use drugs without severe toxic effects to achieve palliative goals. From this perspective, the biweekly paclitaxel regimen with infusional 5-fluorouracil and leucovorin used in this study is an attractive option, especially in patients with relatively poor performance status.

In conclusion, the combination of biweekly paclitaxel and infusional 5-fluorouracil and leucovorin appears to be an active chemotherapy regimen with excellent tolerability, suggesting its use as an alternative treatment for patients with advanced gastric cancer, especially in elderly patients or those in poor condition. Although modest effects were shown, further trials are needed to determine the optimal paclitaxel dose and combination schedule to improve treatment outcome.

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